BMW 1 Term 1 Session 1

**One Love**

In our first BMW session, do you remember what was covered? (Allow 3 mins. Discussion) (Intros, rule setting)

Ok , now what was the homework given?.............

How many were able to listen to the song by ??? (Bob Marley)

Ok, let’s hear the main chorus or chorus lines….. (*This may be sung by groups/pairs/soloist for the enthusiasts.)*

**“Let’s get together and feel alright”** (*After some excitement, you may have to quiet them down and settle them)*

Now, let us look at our locker keys. (Ask them to show and describe them)

\* Some are on a long string to reach high up.

\* Some are small to fit in your pocket.

They may be different but whatever they are, they are chosen to suit your need, they all have the same function:- to open your locker.

Can we say, then, that we are just like those locker keys? …Here in CIC, you all have the same purpose, to learn. You all have similarities, but no two are the same.

Now if you had one wish, what would you want? *(Let a few boys answer. We don’t have time for each boy to answer.)*

\* A new cell phone

\* An I pod touch

\* A PS4

**Why?** How does it make you feel? *(Let a few other boys answer.)*

\* Because it makes you feel good

\* Because it is cool

\* It could do so much it makes me happier

Suggest that what they are aiming for is to be happy. **“To feel alright**”

Suggest that these are the things that make you feel happy for a time by next month there will be a new gadget to want, a new shoe ?? ………….but what makes us feel happy on the inside with lasting effect? *(Again try to let a few boys answer.)*

\* Love of parents.

\* Praise from parents and teachers

\* Sport achievements

\* School achievements.

You see….you each have similar answers, so that even though you have all come together here from different schools, different areas, different family experiences, you all have similar feelings so

**“Let’s stay together, grow together and feel alright.”**

End session here with positive reinforcement of the concept of “ONE LOVE” and that they are here, at CIC , in this class, to work together for a common goal…EDUCATION and Lasting Relationships.

Okay, the next session is Uniquely Me.

Your project will be to talk with your grandparents and parents and find out about your family history.

Each of us would have a story to tell and I want to share mine and learn about yours.

See you in the next 2 weeks and remember:

**“Give thanks and praise to the lord and you will feel alright.”**

**One love, one heart**

**Let's get together and feel all right**

**Hear the children crying (One love)**

**Hear the children crying (One heart)**

**Sayin', "Give thanks and praise to the Lord and I will feel all right.**

**" Sayin', "Let's get together and feel all right."**

**Whoa, whoa, whoa, whoa**

**Let them all pass all their dirty remarks (One love)**

**There is one question I'd really love to ask (One heart)**

**Is there a place for the hopeless sinner**

**Who has hurt all mankind just to save his own?**

**Believe me**

**One love, one heart**

**Let's get together and feel all right**

**As it was in the beginning (One love)**

**So shall it be in the end (One heart)**

**Alright, "Give thanks and praise to the Lord and I will feel all right."**

**"Let's get together and feel all right."**

**One more thing**

**Let's get together to fight this Holy Armageddon (One love)**

**So when the Man comes there will be no, no doom (One song)**

**Have pity on those whose chances grow thinner**

**There ain't no hiding place from the Father of Creation**

**Sayin', "One love, one heart**

**Let's get together and feel all right."**

**I'm pleading to mankind (One love)**

**Oh, Lord (One heart) Whoa.**

**"Give thanks and praise to the Lord and I will feel all right.”**

**Let's get together and feel all right.**